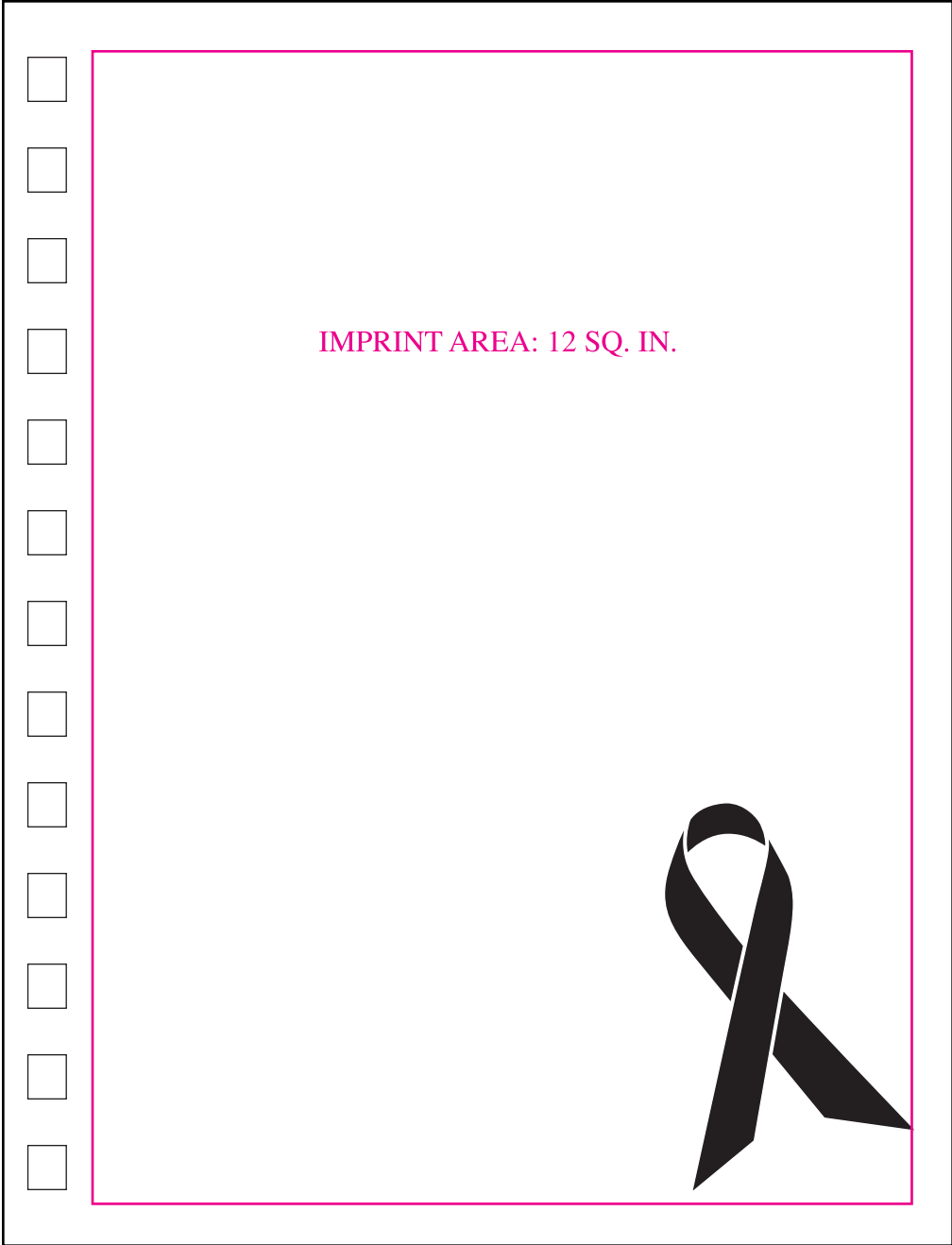


Product: AWARENESS JOURNAL
Item Number: ABC
Size: 5-1/4 x 6-7/8
of Sheets: 100
Binding: White Wire-O
Quantity:



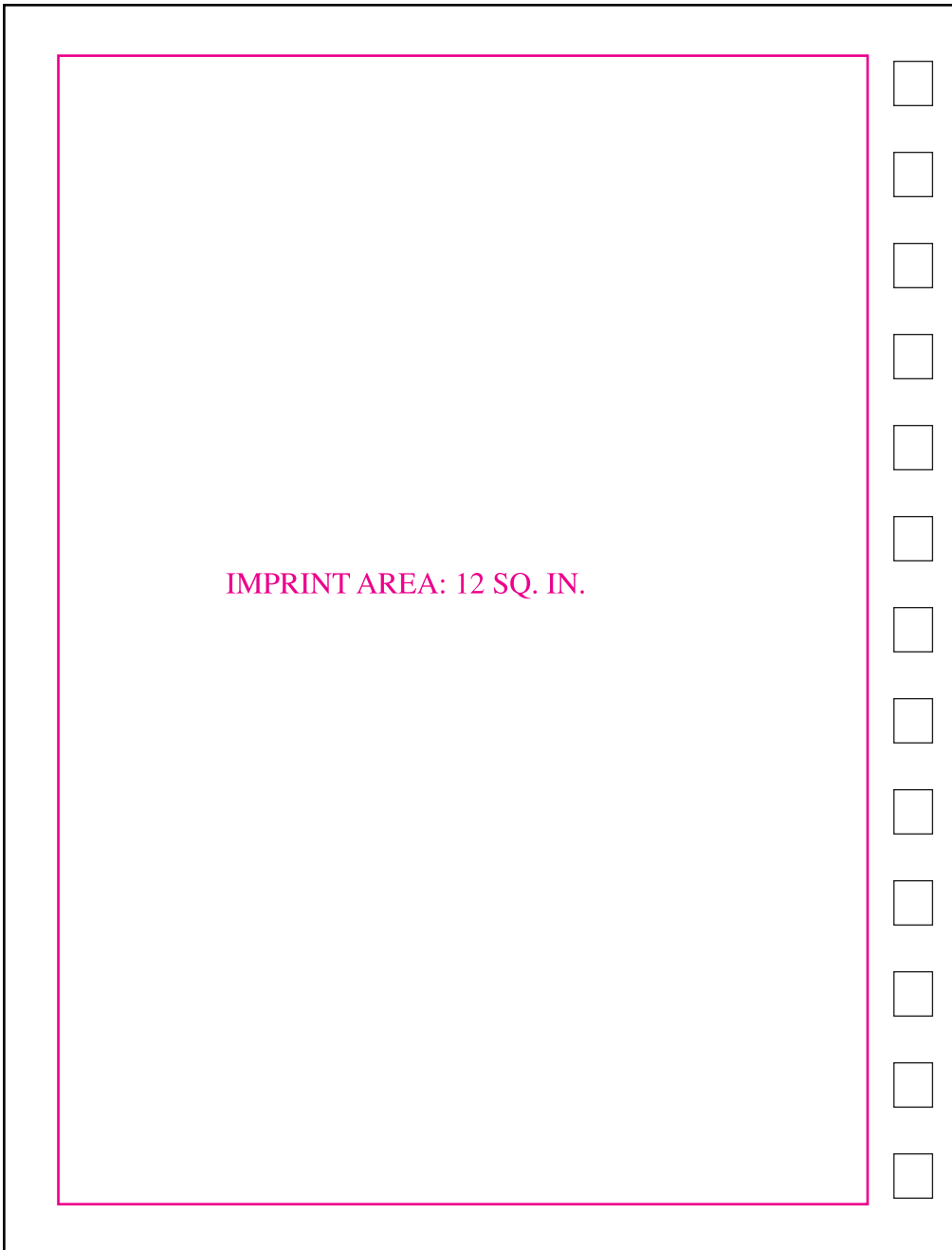
Outside Front Cover
Foil Color(s): Gloss Pink
Cover Color: White



OUTSIDE FRONT COVER

Product: AWARENESS JOURNAL
Item Number: ABC
Size: 5-1/4 x 6-7/8

Inside Front Cover
Foil Color(s):




INSIDE FRONT COVER

Product: AWARENESS JOURNAL
Item Number: ABC
Size: 5-1/4 x 6-7/8

Insert Sheet - FRONT

Ink color(s): PMS 190 BLACK

<input type="checkbox"/>	
<input type="checkbox"/>	What is Breast Cancer?
<input type="checkbox"/>	Breast cancer is a type of cancer where cells in the breast tissue divide and grow without the normal control. The abnormal growth is called a tumor and is either benign or malignant. Benign tumors are not cancerous and malignant tumors are made of abnormal cells and are cancerous. Cancerous tumors in the breast usually grow very slowly so that by the time one is large enough to be felt as a lump, it may have been growing for as long as ten years.
<input type="checkbox"/>	Early Detection & Screening
<input type="checkbox"/>	Cells may be growing out of control before any symptoms of the disease appear, so this is why breast screening is so important. The sooner a problem is found, the better a woman's chances for survival. Experts recommend that women 40 years and older have a mammogram every year.
<input type="checkbox"/>	Screening tools used to detect breast cancer
<input type="checkbox"/>	Mammography - best screening tool for breast cancer
<input type="checkbox"/>	Standard (film) mammography and digital mammography
<input type="checkbox"/>	MRI - more invasive and used in diagnosis and staging of cancer
<input type="checkbox"/>	Clinical Breast Exams-performed by a health professional
<input type="checkbox"/>	Self-Breast Exams - recommended to be done once a month
<input type="checkbox"/>	Source: Susan G. Komen Association • komen.org
<input type="checkbox"/>	

INSERT SHEET - FRONT

Product: **AWARENESS JOURNAL**
Item Number: **ABC**
Size: **5-1/4 x 6-7/8**

**Printed Light Gray
Rules on Both
Sides**

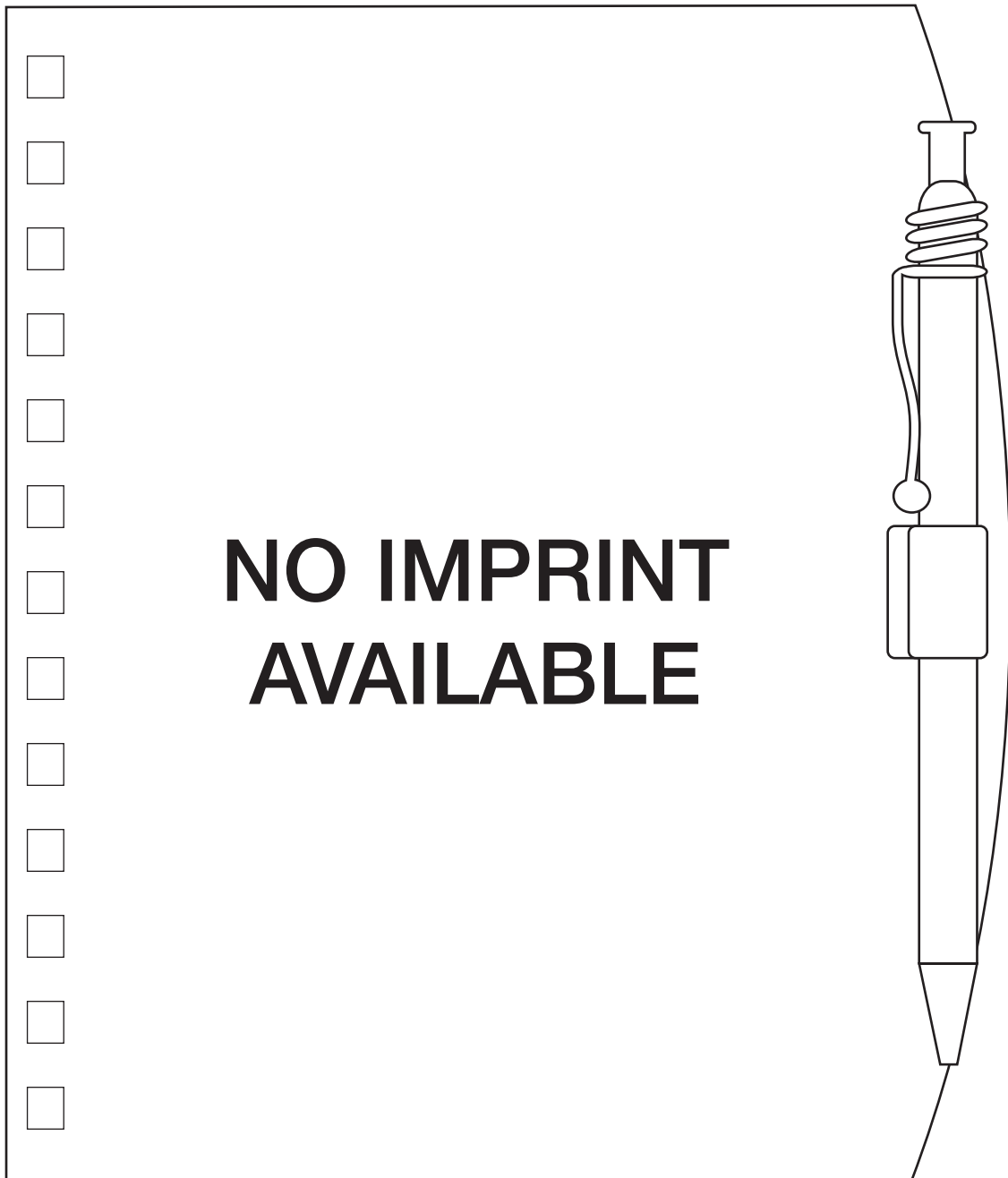
Ruled Inside Sheets - SCREENED RULES
Ink color(s): **Black**

IMPRINT AREA: 4.375 X 6.25

The image shows a vertical sheet of paper with 20 horizontal lines. On the left side, there is a vertical margin line, and to its left, there are 20 small square checkboxes, one for each line. The sheet is enclosed in a black border. A pink rectangular area is outlined within the sheet, with the text 'IMPRINT AREA: 4.375 X 6.25' printed in pink at the top. The sheet is intended for printing light gray rules on both sides.

Product: AWARENESS JOURNAL
Item Number: ABC
Size: 5-1/4 x 6-7/8

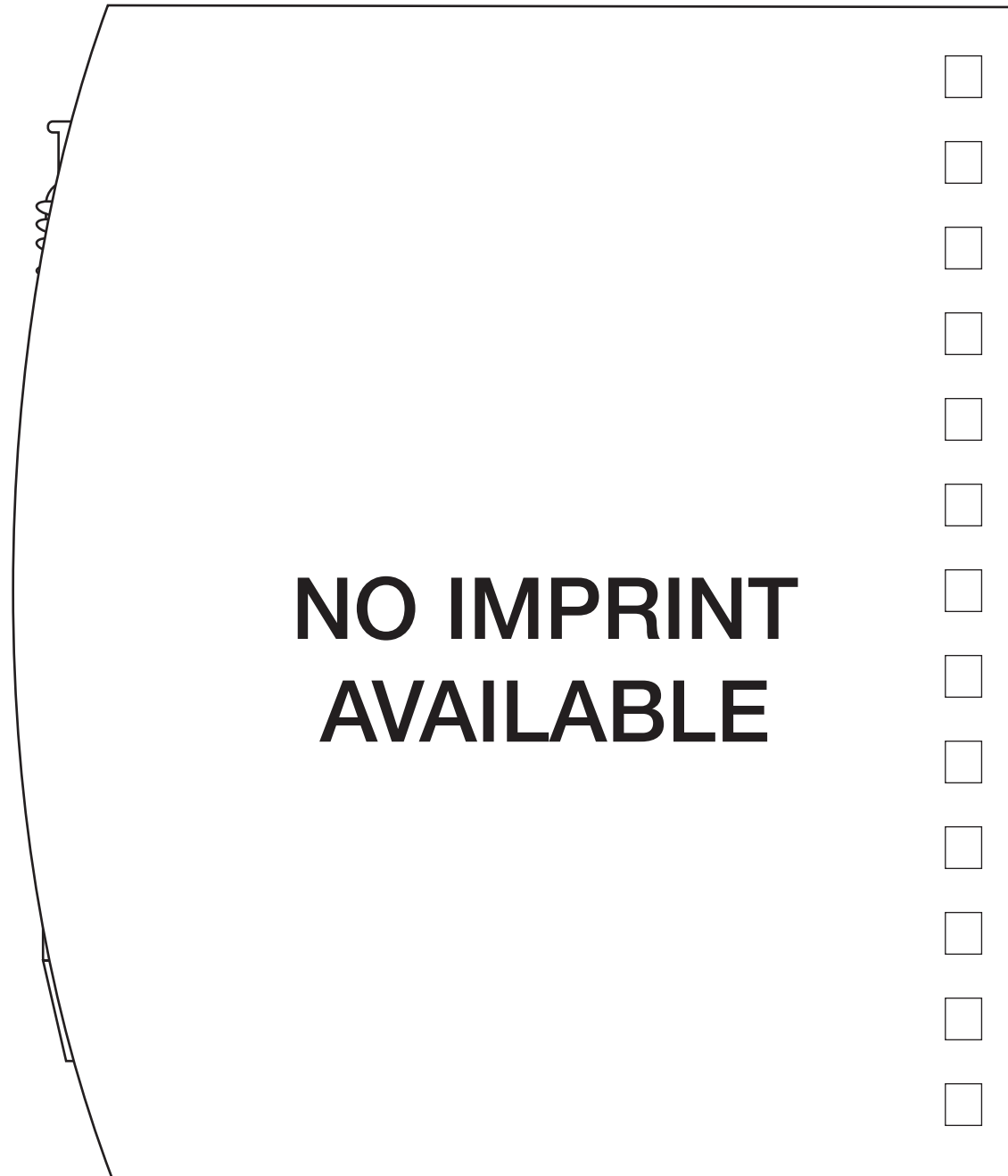
Inside Back Cover - Pensafe Back
Pen Color: Black



INSIDE BACK COVER

Product: AWARENESS JOURNAL
Item Number: ABC
Size: 5-1/4 x 6-7/8

Outside Back Cover - Pensafe Back



OUTSIDE BACK COVER